

ROSEWOOD

Rosewood Community Association Newsletter

2018 Fall (Vol. 5 No. 3)

President's Message

Hello Rosewood,

Your community association often gets questions regarding community events, programs, civic events and information in general for the Saskatoon region. I encourage you all to set our Rosewood Community Association website as your homepage and visit often for community information and program updates. We are lucky to have a great website that supplies a wide array of information and links to serve you.

This fall, Rosewood will be offering our first full suite of programming within our Community Centre, associated multipurpose rooms and school gymnasiums. Soccer, Basketball and so much more! Please check out our program offerings and sign up for an activity or two. This is an exciting time for your family to stay active, disconnect from that electronic device, engage with other community members and support your local community.

As a non-profit corporation your community association relies on donations, volunteering and program revenue to support future activities, events and programs. So have some fun, stay fit, learn something and support the community you live in.

Wishing you all a safe and productive end of summer and fall and we hope to see you at the fifth annual Rosewood Family Fun Day on Saturday, August 25th and our second annual Rosewood Holiday Craft Fair and Trade Show on November 3rd.

Reed Hentze
President

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| | |
|--|--|
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Rosewood Community Consultants:

City of Saskatoon Community Consultant: Mark Planchot
Police Community Liaison Officer: Cst. Patrick Skinnider
City of Saskatoon Ward 9 Councillor: Bev Dubois

Board Meetings

Rosewood residents are welcome to attend and find out more about what's happening. Meeting dates are posted on our [website](#). Interested in attending, or you would like information about volunteering? Please [email](#) us!

Mark Your Calendar



Upcoming Events

For updates on activities and events in Rosewood check out our [website](#), sign up for our [email list](#), follow us on [Twitter](#) or like us on [Facebook](#)!



Don't forget to Renew or Buy your Membership!
(valid from August 1 to July 31)
Cost: \$ 15.00 (per family) yearly

Rosewood Family Fun Day
SATURDAY, AUGUST 25, 2018
8:00 AM - 3:00 PM
HYDE PARK
(near the playground/practice field)

Pancake Breakfast, BBQ (by cash donation), Petting Zoo, Pony Rides, Inflatables, Buy Raffle & 50/50 Tickets, and so much more!

ROSEWOOD FALL PROGRAMS
IN-PERSON REGISTRATION

SATURDAY, AUGUST 25, 2018
9:00 AM - 3:00 PM
AT THE FAMILY FUN DAY

&

MONDAY, SEPTEMBER 10, 2018
6:30 PM - 7:30 PM
147 OLSON LANE WEST

www.myrosewood.ca/programs

ROSEWOOD COMMUNITY GARAGE SALE
SATURDAY, AUGUST 25, 2018
8:00 AM - 3:00 PM

Address map online August 23, 2018
or pick one up at the Rosewood Family Fun Day!

ROSEWOOD HOLIDAY CRAFT FAIR + TRADE SHOW
SATURDAY, NOVEMBER 3, 2018
10:00 AM - 4:00 PM

Are you interested in being a vendor?
Visit our [website](#) to find out how to sign up.

Fall Activities & Events

Looking for **FREE** activities and events taking place in Saskatoon this fall? Here are a few that may interest you.

NUTRIEN FIREWORKS FESTIVAL AUGUST 31 & SEPTEMBER 1, 2018

Entertainers, vendors and lots of activities for people of all ages to enjoy. The main sites are River Landing and the Remai Modern Arts Centre. Entertainment and attractions starts at 5:00 pm at River Landing and the firework displays are set for 9:30 pm. www.nutrienfireworksfestival.ca



SASKATOON NATURE SOCIETY AND THE SASKATOON ZOO SOCIETY

Free programs open to all ages offering nature-based activities designed for families with content geared towards the 5-11 year olds. To register or for more information call 306-975-3042 or e-mail: saskatoonnaturekids@gmail.com. Space is limited. Advanced registration is required. www.saskatoonzoosociety.ca

YOUNG NATURALISTS' SANDHILL CRANE FIELD TRIP SATURDAY, SEPTEMBER 22, 2018, 9:30 AM, MEET: TBA

A field trip south of Saskatoon to look for migrating Sandhill Cranes and other wildlife.



YOUNG NATURALISTS' SAW-WHET OWL FIELD TRIP OCTOBER (TBA). TIME: 7:00 PM - 9:30 PM, MEET: TBA

Join naturalist Marten Stoffel as he collects scientific information from migrating Saw-whet Owls. Enrolment is limited.



NUIT BLANCHE SASKATOON (NBYXE18) SEPTEMBER 29, 2018

A night-time arts festival showcasing and celebrating art and culture. Taking place in various locations around Saskatoon, featuring projections, sculptural installations, performance, music, theatre, and other forms of contemporary art. Stop by this unique event that has something for all ages! www.nuitblanchesaskatoon.ca



ROSEWOOD HOLIDAY CRAFT FAIR & TRADE SHOW NOVEMBER 3, 2018, 9:00 AM - 4:00 PM ROSEWOOD COMMUNITY CENTRE (P3 SCHOOLS COMPLEX)

Get an early start to your holiday shopping at Rosewood's 2nd annual Holiday Craft Fair and Trade Show! Check out over 75 tables of home based businesses, crafters, artisans, bakers and more! www.myrosewood.ca/rosewood-craft-fair-and-tradeshow



REMEMBRANCE DAY SERVICE AND PARADE NOVEMBER 11, 2018, 9:00 AM - 12:15 PM, SASKTEL CENTRE

One of Canada's largest indoor Remembrance Day services. Full parade 2,000 strong, accessible seating and free parking. Unable to attend? You can watch it on local cable TV. www.sasktelcentre.com



SANTA CLAUSE PARADE NOVEMBER 2018, DATE & TIME: TBA

Santa Claus parades have been held in Canada since 1905. Bundle up and come out to celebrate the start of winter fun! Parade map will be posted online. www.saskatoonsantaclauseparade.com



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Fall Programs

IN-PERSON SPRING PROGRAM REGISTRATION

SATURDAY, AUGUST 25, 2018, 9:00 AM - 3:00 PM AT THE ROSEWOOD FAMILY FUN DAY IN HYDE PARK

MONDAY, SEPTEMBER 10, 2018, 6:30 PM - 7:30 PM AT THE ROSEWOOD COMMUNITY RESOURCE CENTRE - 147 OLSON LANE WEST

REGISTER FOR BASKETBALL PROGRAMS ONLINE NOW!

MOST PROGRAMS WILL TAKE PLACE IN THE ROSEWOOD COMMUNITY RESOURCE CENTRE, OR A MULTI-PURPOSE ROOM / GYMNASIUM IN THE ROSEWOOD SCHOOLS

Please note dates, times, costs, and program offerings may differ from leisure guide details. The programs below reflect our current offerings.

Visit the Rosewood Community Association [website](#) for updates as programs are subject to change.

Don't forget you can sign up for our [mailing list](#) to receive emails, follow us on [Twitter](#) and like us on [Facebook](#)!

| ADULT PROGRAMS | AGES | DAY | DATES | TIMES | LOCATION | COST* |
|------------------------------|--------|-----|-----------------------|--------------------|------------------------------------|-------|
| BEGINNER TAI CHI | 16+ | FRI | SEP 28 - DEC 14, 2018 | 7:00 PM - 8:00 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | \$ 45 |
| CHAIR YOGA | 16+ | TUE | SEP 25 - OCT 23, 2018 | 1:00 PM - 2:00 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | \$ 30 |
| DROP-IN BADMINTON | 16+ | THU | SEP 27 - NOV 29, 2018 | 8:00 PM - 8:30 PM | ST. THERESE OF LISIEUX GYM | FREE |
| DROP-IN BASKETBALL | 16+ | FRI | SEP 28 - NOV 30, 2018 | 8:00 PM - 9:00 PM | ST. THERESE OF LISIEUX GYM | FREE |
| DROP-IN ENGLISH CONVERSATION | 12+ | WED | SEP 12 - DEC 12, 2018 | 7:00 PM - 8:30 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | FREE |
| DROP-IN VOLLEYBALL | 16+ | TBA | TBA | TBA | TBA | FREE |
| MUSCLE SCULPT | 16+ | TUE | SEP 25 - NOV 27, 2018 | 6:00 PM - 7:00 PM | ST. THERESE OF LISIEUX GYM | \$ 50 |
| PAINTING WITH ACRYLICS | 13+ | TUE | SEP 25 - NOV 27, 2018 | 6:00 PM - 7:00 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | \$ 80 |
| YOGA | 16+ | TBA | TBA | TBA | ROSEWOOD COMMUNITY RESOURCE CENTRE | TBA |
| YOUTH PROGRAMS | AGES | DAY | DATES | TIMES | LOCATION | COST* |
| BABYSITTING COURSE | 11+ | SAT | OCT 13 - OCT 20, 2018 | 8:00 AM - 12:00 PM | ST. AUGUSTINE CHURCH | \$ 55 |
| COMIC BOOK CREATION | 11+ | TUE | OCT 30 - NOV 27, 2018 | 6:00 PM - 7:00 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | \$ 25 |
| DOGSITTING | 11+ | FRI | OCT 19, 2018 | 6:00 PM - 7:00 PM | IT'S A DOGS LIFE | \$ 15 |
| PAINTING WITH ACRYLICS | GR 4-8 | TUE | SEP 25 - OCT 23, 2018 | 6:00 PM - 7:00 PM | ROSEWOOD COMMUNITY RESOURCE CENTRE | \$ 45 |
| CHILDREN PROGRAMS | AGES | DAY | DATES | TIMES | LOCATION | COST* |
| 4-H EXPLORE | GR 3-6 | TUE | SEP 25 - NOV 27, 2018 | 6:00 PM - 7:00 PM | TBA | TBA |
| PARENT & CHILD PROGRAMS | AGES | DAY | DATES | TIMES | LOCATION | COST* |
| KINDERCISE 1 | 2-3 | WED | SEP 26 - NOV 28, 2018 | 6:00 - 6:30 PM | MULTIPURPOSE ROOM | \$ 30 |
| KINDERCISE 2 | 3-5 | WED | SEP 26 - NOV 28, 2018 | 6:30 - 7:00 PM | MULTIPURPOSE ROOM | \$ 30 |
| SOCCER | AGES | DAY | DATES | TIMES | LOCATION | COST* |
| KINDERSOCCER | 2-3 | TBA | OCT - NOV 2018 | TBA | TBA | TBA |

SOCCER GENERAL INFORMATION

Rosewood Youth Soccer functions in partnership with Saskatoon Youth Soccer Inc. (SYSI) which includes the various communities throughout Saskatoon, starting October 21, 2018 until early March 2019.

VISIT OUR [WEBSITE](#) FOR MORE DETAILS



| SOCCER | BORN | DAY | LOCATION | COST* |
|---------|-----------|--------------------------------------|--|-------|
| UNDER 5 | 2014 | MON OR TUE, & ONE SUNDAY PER MONTH | Practices/games are normally held week nights at Colette Bourgonje School or St. Thérèse of Lisieux Catholic School or in the surrounding communities' school gyms. One game per month will be played on Sunday's at the SaskTel Sports Centre | \$105 |
| UNDER 7 | 2012-2013 | SUNDAYS | Practices are normally held week nights at Colette Bourgonje School or St. Thérèse of Lisieux Catholic School, with games held at Henk Ruys Soccer Centre and SaskTel Sports Centre. | \$150 |
| UNDER 9 | 2010-2011 | MON &/OR TUE, & ONE SUNDAY PER MONTH | Practices are normally held week nights at Colette Bourgonje School or St. Thérèse of Lisieux Catholic School, with games held at Henk Ruys Soccer Centre and SaskTel Sports Centre. | \$175 |

| BASKETBALL DIVISIONS | AGES | COST* | BASKETBALL GENERAL INFORMATION |
|--------------------------|--------|--------------|---|
| DUNKEROOS (CO-ED) | GR 1-2 | TBA | Rosewood Youth Basketball functions in partnership with the Saskatoon Minor Basketball Association (SMBA) which includes the various communities throughout Saskatoon and surrounding area, running during the months of October 2018 through March 2019. Team practices are normally held weekday nights at Colette Bourgonje School or St. Thérèse of Lisieux Catholic School, with games held Saturdays in elementary & high school gyms within the city. |
| SPUDS (CO-ED) | GR 3-4 | \$145/PLAYER | |
| MINI GIRLS/MINI BOYS | GR 5-6 | \$160/PLAYER | |
| BANTAM GIRLS/BANTAM BOYS | GR 7-8 | \$175/PLAYER | |



VISIT OUR [WEBSITE](#) FOR MORE DETAILS AND ONLINE REGISTRATION

* Please note that a valid Rosewood Community Association membership is required to register for programs. Other valid Community Association memberships will also be accepted. If you do not have a membership you can purchase a Rosewood Community Association membership for \$15.00 prior to or when registering for a program. Late registration fee of \$ 5.00.

The City of Saskatoon Leisure Guide is a source for a variety of arts, culture, & recreational activities and delivered to residents by the City. Visit the City of Saskatoon [website](#) for more information. **Fall 2018:** Available Online: Fri. Aug 3 / Delivery: Wed. Aug 8 / Registration Starts: Sun. Aug 12 / Programs Run: Sep 1 - Dec 31

Quick Recipes

SPICED-UP BUTTERNUT SQUASH

A hint of curry and cilantro takes this soup up a notch, making it a hands down favourite to warm you on a cool fall day.

Prep Time: 15 minutes Cook Time: 30 minutes

Makes 6 servings

- * 1 butternut squash (about 2 ¼ lb)
- * 1 tsp canola oil
- * 1 onion, chopped
- * 2 cloves garlic, minced
- * 2 tsp mild curry powder or paste
- * 3 cups sodium reduced vegetable or chicken broth
- * 2 tbsp chopped fresh cilantro or parsley (optional)
- * 1/4 tsp fresh ground black pepper
- * 1/3 cup 0% fat plain Greek yogurt (optional)



1. Using a vegetable peeler, peel squash. Cut squash in half crosswise, then cut each half in half lengthwise. Remove seeds. Chop squash into equal pieces (about 2.5 cm/1 inch); set aside.
2. In a soup pot or large saucepan, heat oil over medium heat and add onion, garlic and curry powder. Cook, stirring for about 2 minutes or until starting to soften. Add chopped squash, broth and cilantro, if using. Bring to a boil. Once at a boil, reduce heat to a gentle simmer, cover and cook for about 25 minutes or until squash is very tender.
3. Remove from heat and let cool slightly. Ladle into blender in batches or alternatively, using an immersion blender, puree soup in pot until smooth. Stir in pepper. Serve with a dollop of yogurt if desired.

TIPS:

- * Save some soup for the next day's lunch. Add canned, drained and rinsed chickpeas to the soup to keep you energized all afternoon.
- * Transform this soup using broccoli, cauliflower or sweet potato: Omit

butternut squash and replace it with 1.5 L (6 cups) chopped fresh broccoli or cauliflower. Peel stalk of broccoli and chop with florets, or just chop the cauliflower. Or sub in 2 large sweet potatoes (about 1 kg/2 lbs), peeled and chopped, instead of the butternut squash.

- * When using the blender be sure to let soup cool slightly and, when pureeing, hold the lid with a kitchen towel to ensure it doesn't pop off. Fill the blender only half way for each batch when pureeing.

FRUIT KEBABS WITH MAPLE CINNAMON YOGURT DIP

There's nothing like fruit kebabs to amp up the fun factor. Wow everyone's taste buds by whipping up a creamy yogurt dip spiked with maple syrup.

Prep Time: 5 minutes Cook Time: no cooking needed

Makes 8 kebabs

Kebabs:

- * 8 strawberries, halved
- * 2 peaches or nectarines or 3 plums, sliced into 8 wedges each
- * 2 bananas, peeled and each cut into 8 pieces

Yogurt Dip:

- * 250 mL (1 cup) 0% fat plain Greek yogurt
- * 15 mL (1 tbsp) pure maple syrup
- * 2 mL (1/2 tsp) ground cinnamon

1. Kebabs: Pierce fruit onto small skewers, alternating fruit.
2. Yogurt dip: In a bowl, whisk together yogurt, maple syrup and cinnamon. Serve with fruit kebabs.

TIPS:

- * This is one snack that little chefs will love making and eating.
- * Make the dip a day ahead and refrigerate until ready to use.
- * Unleash your inner chef and experiment with endless fruit combinations.

Source: [Government of Canada's Healthy Canadians Food & Nutrition](https://www.canada.ca/en/health-canada/services/tips-healthy-eating/eat-well-recipes.html) <https://www.canada.ca/en/health-canada/services/tips-healthy-eating/eat-well-recipes.html>



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Did you know....

There are a variety of wildlife in Rosewood; waterfowl, shorebirds, songbirds, voles, rabbits and coyotes.

You've likely heard coyotes howling in Rosewood and have maybe even seen them in the community, most likely Hyde Park.

FACTS ABOUT COYOTES (*CANIS LATRANS*)

- * Coyotes are members of the dog family native to North America.
- * They look like medium sized dogs with the males typically being bigger than females.
- * Adults weigh 20-40 pounds, are 1.5 meters from nose to the tip of their tail, and are 60 cm tall at the shoulder.
- * Their fur is reddish-brown to grey and in winter their fur makes them look bigger.
- * Coyotes travel in straight lines forming packed trails. Their tracks are narrower than dog tracks.
- * There is an increase in coyote activity when juveniles leave family groups (Sep-Nov) and during mating season (Dec-Feb).
- * Coyotes may be more protective of dens/ territories during pup rearing (April-Aug).
- * Coyotes are naturally wary of people but can habituate to our presence and the reliable food sources that we provide.



SAFETY AROUND COYOTES

- * **DON'T FEED COYOTES!**
- * Walk dogs on leash, especially during pup rearing season (April-Aug).
- * If you run into a coyote, allow them a route to escape, don't run, don't turn your back, wave your arms, make noise, yell and wave

your arms (act "Big, Bad and Loud!").

- * Pick up your small dog if you see a coyote and don't let pets roam.
- * Avoid areas where coyotes may be denning or feeding/hiding pups.
- * Appreciate coyotes from a distance.
- * They look for shelter areas which in residential areas could include under decks or other areas.
- * Secure your yard with fencing and keep gates closed
- * Do not feed pets outside
- * Clean around barbecues, bird feeders and fruit trees
- * Remove and prevent potential hiding and den sites
- * Install motion activated lights
- * Report coyote sightings to Pest Management at 306-975-3300

For more information visit City of Saskatoon Wildlife Management.



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Rosewood Updates

PARK CONSTRUCTION

A reminder that parks are not to be accessed during the construction phase as there may be unseen dangers.

Park concept plans are subject to changes, construction timing is tentative and subject to change. Once a park is completed it may take years for vegetation to become established.

For more updates on Rosewood park construction visit our [website](#).

Glen H. Penner Park

The fencing is removed except where construction is taking place at the spray pad. The ball diamond, soccer field and toboggan hill are in place and the spray pad will be finished and ready for use next year!

The planning phase continues for the community rink project which will be funded by the Rosewood Community Association.

Stay tuned for how you can get involved with our fundraising efforts!

Mackay Park

This park has many access points, one end connects to Swick Park and the other end Olson Lane West and our elementary schools. Park construction is almost complete and should be open in the fall of 2018.

Struthers Park

Work started this summer and there has been a lot of progress over the past couple of months. Construction on the park is tentatively scheduled for completion by October 31, 2018.

COMMERCIAL CONSTRUCTION

It is great to have more commercial options for Rosewood residents within walking distance!

Rosewood Boulevard West

Construction is nearing completion! All but one space is leased on the north side. Rose Health Medical & Optometry, Pharmacy and Sunan's Garden Asian Food are opening up this fall. There's still one space vacant on the south side.

Rosewood's Meadows Market

It's exciting for our community to have more stores opening up this fall! The Co-op Liquor, Dollar Tree, Marshall's, McDonald's, Petsmart, Scotiabank, Tim Horton's and Visions Electronics will all be open soon. . . If you haven't been over there in awhile take a drive over and see all the great stores opening up.

Stay tuned for more details on all the stores, boutiques, restaurants and a variety of personal services coming to Rosewood!

ROAD CONSTRUCTION

Boychuk Drive / Highway 16 Interchange

A lot has changed this summer on the interchange. The new merge lane from Boychuk Drive to Highway 16 is open and everything is on track for completion during the summer of 2019.

All of the changes to the traffic flow can be confusing for some. Slow down, follow signs, and watch for workers and construction vehicles.

Rosewood residents will continue to be updated with notifications via the City's [Road Restrictions and Construction Projects Map](#).

Get a birds eye view [Boychuk Drive – Design Rendering Flyover Video](#).

Taylor Street Primary Water Main Construction

During the summer work began on installing a primary water main at the end of Taylor Street just past Rosewood Gate North. Construction on this is set to be completed October 31, 2018. No tender has been issued for the road construction yet. Stay tuned for more details.

ROSEWOOD ELEMENTARY SCHOOLS

The new school year starts on Tuesday, September 4, 2018.

Drive with care and watch for all the little ones travelling to and from school this fall.

St. Thérèse of Lisieux: www.gscs.ca/studentsandfamilies/schools/the

Colette Bourgonje: www.spsd.sk.ca/school/colettebourgonje



Glen H. Penner Park - Summer 2018



Struthers Park Construction - Summer 2018

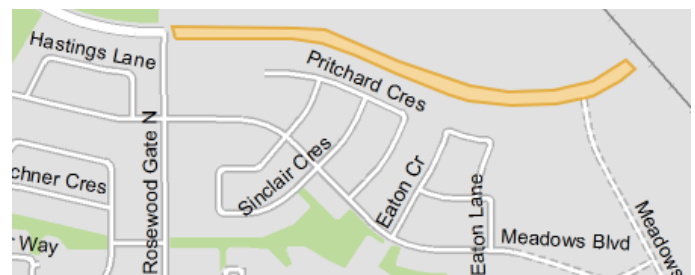


Rosewood's Meadows Market Construction - Summer 2018



Boychuk Drive / Highway 16 Interchange Project Construction
Tentative Completion July 31, 2019

[View Live Construction!](#) 24/7 PCL Construction HD site camera



Taylor Street Primary Water Main Construction

Visit the RCA [website](#), [Twitter](#) or [Facebook](#) for what's happening!

School Zone Safety

It's back to school time so we will see school busses driving in Rosewood again soon! Watch for kids walking to and from school, and getting on/off school buses and transit.



Police will be watching for drivers speeding in school zones, failing to stop at stop signs or yield signs, failing to yield for pedestrians, failing to obey crossing guards, or failing to obey school bus signs.

SCHOOL ZONES

- * Maximum speed limit **30 kph**
- * Mondays to Fridays, 8:00 am - 5:00 pm, September to June - including statutory holidays
- * Marked by reflective, fluorescent yellow-green speed signs
- * Speeders will receive a fine and three SGI demerit points



DROP-OFF AND PICK-UP ZONES

Designated drop-off and pick-up zones are posted at the school roadway/parking area. Follow posted signs to ensure you comply with the rules.



SCHOOL BUS LOADING ZONES

These are designated passenger loading/unloading zones and are in effect from 8:00 am - 5:00 pm Monday to Friday. Do not stop or park in school bus loading zones during this time as you may be fined.



RESTRICTED U-TURNS IN SCHOOL ZONES

Although its tempting to do a U-turn don't. Go to the roundabout at the edge of the school area to turn around. This is dangerous in a school zone with so many kids around and fines for u-turns is \$50.00.



For more info school zones visit the City of Saskatoon or SGI website.

Hon. Don Morgan
MLA Saskatoon Southeast

109 - 3502 Taylor St E
 mla@donmorgan.ca
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Word Search... The wind blows and leaves fall!

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Find these words to discover the hidden message below



- | | | |
|-----------|---------------|-----------------|
| AMBER | CRUNCHY | MAZE |
| APPLE | EARTHY | MIGRATION |
| AUTUMNAL | END OF SUMMER | MOONLIT |
| BLUSTERY | FALL | NOVEMBER |
| BOO | FAMILY | PIE |
| BREEZY | FIRESIDE | PUDDLES |
| BRISK | FLANNEL | PUMPKIN |
| CHILLY | FOGGY | RAINY |
| CLOUDS | FROSTY | RAKING |
| COLOURFUL | GOLDEN | REMEMBRANCE DAY |
| CORN | HALLOWEEN | SCHOOL |
| COSTUME | HARVEST | SEASON |
| CRACKLING | LANTERN | THANKSGIVING |
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Halloween Safety

Halloween is on October 31 which falls on a Wednesday this year. Here are a few reminders from the Saskatoon Police Service on precautions you can take to ensure everyone has a safe Halloween!

PARENTS

- * Ensure younger children are accompanied by an adult when trick-or-treating.
- * Older children should trick-or-treat in pairs or groups.
- * Know the route your children will be taking and when they will be home (routes should be well lit).
- * Children should carry flashlights, glow sticks or wear reflective tape to increase visibility.
- * Instruct children not to eat their treats until they have returned home and an adult can examine them. Avoid homemade treats and throw out anything that looks suspicious.

CHILDREN

- * Do not trick-or-treat alone.
- * Wear a costume that is easy to move around in and is easily seen at night.
- * Cross streets only at corners and in crosswalks. Obey traffic signals.
- * Stay on well-lit streets.
- * Never go inside a home or enter a car (unless it is arranged by a parent).
- * Wait until you return home to eat treats.

MOTORISTS

- * Drive slowly and cautiously.
- * Keep alert for children crossing the street.



Health and Safety

HEALTHLINE

A confidential, 24-hour health information and support telephone line, staffed by Registered Nurses, Registered Psychiatric Nurses and Social Workers. The professionals who work at HealthLine are experienced and specially trained to help you make decisions about your health care options. They can help you decide whether to treat your own symptoms, go to a clinic, see your primary health care provider, or access emergency medical care, if necessary.

HealthLine is available to anyone in the province, free of charge. Services are offered in English, with translation available in over 100 languages. TTY access for the hearing impaired is available, call 1-888-425-4444.



Advice for exposure to poisons call
Poison Control Centre
1-866-454-1212



For Emergencies
Fire - Police - Ambulance
DIAL 9-1-1

For Non-Emergencies Call
Saskatoon Police Service
306-975-8234

**FIGHT
FLU**

Flu immunization begins October 22, 2018

PrairieLand Park - 503 Ruth Street West-Hall A

| | |
|----------------|------------------------|
| October 26 | 12:30 p.m. - 7:00 p.m. |
| October 27, 28 | 9:00 a.m. - 4:00 p.m. |
| October 29 | 12:30 p.m. - 7:00 p.m. |

Newly designed family-friendly space.

- Flu vaccine is a safe, effective way to help people stay healthy, prevent illness & save lives.
- Free flu vaccine is for everyone 6 months & older.
- Vaccine is offered at public health clinics, some physician & nurse practitioner offices and pharmacies.
- For more information visit: www.4flu.ca or call Healthline 811.



saskhealthauthority.ca

FIRE PREVENTION WEEK

The National Fire Prevention Association (NFPA) campaign for the week of October 7 - 13, 2018 is aimed to educate people about three basic essential steps to reduce the likelihood of having a fire and how to escape safely in the event of a fire. "Look. Listen. Learn. Be aware. Fire can happen anywhere."



LOOK for places fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.

LISTEN for the sound of the smoke alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should meet.

LEARN two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

For more information visit www.firepreventionweek.org.

NOTIFYNOW

The City of Saskatoon's Emergency Measures Organization (EMO) issues emergency Notifynow messages by voice message to your home, work, or cell phone, an email, or a text message depending on the method you chose when signing up.



Do you have a publicly listed landline phone number? If so, you may receive a call on your landline.

If you haven't signed up and are interested in doing so, visit the City of Saskatoon's [Notifynow](#) page. When signing up you can choose how to receive messages and add up to five addresses that you want to be notified of issues occurring in those areas.



RoseHealth MEDICAL & OPTOMETRY



60-401 Ledingham Way, Saskatoon, SK, S7V 0C4

OPENING SOON IN ROSEWOOD COMMUNITY!

MEDICAL SERVICES:

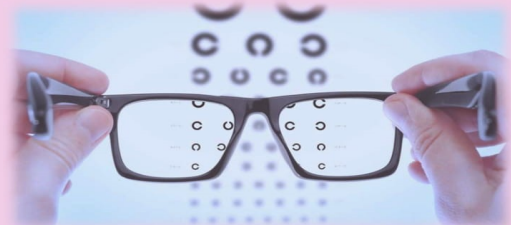
- Regular booked and walk-in visits
- Annual physical exams, screening, Minor surgical procedures
- **Primary care women's clinic** including birth control counseling, and delivery for low-risk pregnancies

OPTOMETRY SERVICES:

- Child, adult, and elderly eye exam and care
- Emergency eye care
- Management of eye diseases such as dry eyes, glaucoma, macular degeneration
- Pre and post-surgical care for cataract and LASIK

ON-SITE PHARMACY AVAILABLE!

WALK-INS WELCOME!



How Will the Legalization of Marijuana Affect Pets?

Legalization of marijuana will inevitably make it more accessible to pets, and the incidence of toxicities will rise.



HOW DOES MARIJUANA CAUSE TOXICITY IN PETS?

- * Through ingestion of a live plant, marijuana cigarettes, prepared edible product, or ingestion of any form of medical marijuana.
- * Through inhalation of second-hand smoke.

WHAT DOES MARIJUANA TOXICITY LOOK LIKE IN MY PET?

- * Pets may become wobbly or uncoordinated and appear drunk.
- * They may become disoriented, fearful, and vocal.
- * In severe cases, they may become comatose.

WHAT SHOULD I DO IF MY PET HAS INGESTED MARIJUANA?

- * Seek veterinary care immediately; do not wait!
- * There is NO ANTIDOTE for marijuana toxicity, only supportive care until the effects of the drug wear off. Rarely, marijuana toxicity can result in death.

HOW CAN I KEEP MY PET SAFE?

- * Keep all marijuana and marijuana products (dried and live plants, butter, oil, prepared food) away from your pet. If you are visiting someone else's home with your pet, make sure they do not have access to any drugs. This may mean that you need to keep your pet in a separate room, or their kennel when you cannot supervise directly.

CAN IT BE USED FOR PAIN MANAGEMENT OR SEIZURES IN PETS?

- * Pets are extremely sensitive to the effects of marijuana. We don't know enough about the therapeutic effects of medical marijuana use in pets; more research needs to be done in this field.

Information provided by the Woodridge Veterinary Clinic.

Please contact their friendly staff or your local veterinarian for any questions or concerns about your pet's health!

Fall Home Maintenance

A FEW MAINTENANCE TIPS TO CONSIDER AS FALL APPROACHES:

INSPECT YOUR ROOF

As we live in a windy city its good idea to check and make sure there are no missing or damaged shingles on you roof. Repairing issues now will help prevent damage to your roof from the hash winter elements.

CLEAN YOUR GUTTERS

After the leaves have fallen flush out the gutters and check your downspouts. Clogged gutters are a major cause of ice dams. Make sure that water from downspouts is flowing away from your foundation.



CHECK WINDOWS & DOORS

Check the caulking around windows and doors and reseal as needed to keep heat from escaping the building envelope. Now is also a good time to clean your windows before winter sets in!

GET YOUR FIREPLACE READY

Clean your fireplace and check the chimney to make sure there are no obstructions and inspect for any cracks or damage that needs to be repaired. Have it inspected by professional if needed.

CLEAN DUCTS

If you haven't had your ducts cleaned it might be worth cleaning them yourself or having a professional do it before winter.

DECK CLEAN UP & REPAIR

Put away or cover deck furniture to protect it during winter. Clean and repair the deck as needed. Clean the BBQ and cover it. You can still BBQ through the winter but cleaning it now is easier than in the winter.



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referral
needed

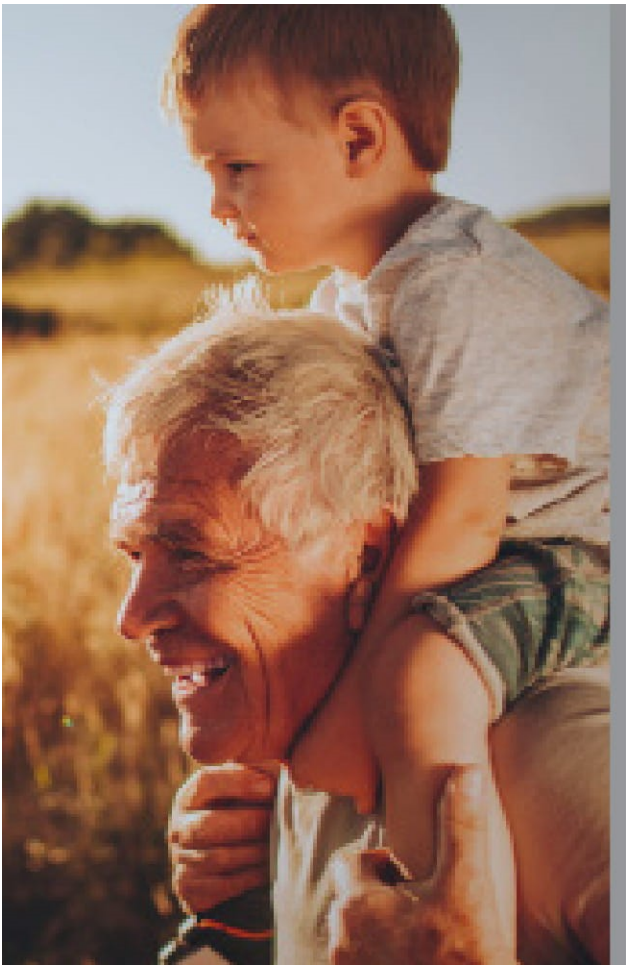
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Plan to Live the Good Life

Retirement should be one of the most enjoyable times in life, yet many people are financially unprepared for it. It doesn't have to be that way. By listening to your needs, we can prepare a financial plan designed to help you enjoy retirement.

Please contact us for a complimentary review.

LIFE WELL PLANNED.

Phil Mamchur, Celeste Yuzdepski, Todd Yuzdepski, Tyler Mamchur
Financial Advisors

M.Y. Private Wealth of Raymond James Ltd.
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Word Search Answers



Celebrating life's harvest!



Advertising

Interested in advertising in future newsletters? Contact us by [email](mailto:info@myrosewood.ca) or visit our [website](http://www.myrosewood.ca) and complete the advertising request form to ensure space is available.

Current prices:

| | | | |
|--------------------|-------|----------------|--------|
| Business Card Size | \$ 45 | Half Page Size | \$ 145 |
| Quarter Page Size | \$ 75 | Full Page Size | \$ 500 |

Rosewood newsletters are currently published quarterly:

| | |
|------------------|-------------------|
| March (Spring) | June (Summer) |
| September (Fall) | December (Winter) |

Ads are due the 1st of the month prior to publication

Rosewood Map (Revised Rosewood Concept Plan subject to change)



SPECIALS

| | | | | |
|---|--|--|---|--|
| <p>MON - FRI</p> <p>HAPPY HOUR 3:30 PM-5:30 PM</p>  <p>\$5.50 PINTS OF LEO'S LAGER \$4.50 HIGHBALLS \$5.50 HOUSE WINE</p> | <p>MONDAY</p> <p>ALL DAY HAPPY HOUR 11:00 AM-CLOSE</p> <p>AND</p> <p>BACON NIGHT</p>  <p>4:00-CLOSE \$6.00 BUCKET OF BACON</p> | <p>TUESDAY</p> <p>T & T TACOS & TEQUILA TUESDAY</p> <p>4:00-CLOSE \$3.00 TACOS</p>  <p>BIG ASS CORONA \$8.00 SHARE MARGS (6 OUNCES) - \$21</p>  | <p>WEDNESDAY</p> <p>LEO'S WING WEDNESDAY</p>  <p>1 LB OF WINGS</p> <p>\$3, 3-4PM \$4, 4-5PM \$5, 5-6PM \$5.99, 6-CLOSE</p> | <p>SAT & SUN</p> <p>OPEN AT 10 AM SERVED UNTIL 2 PM</p>  <p>LEO'S BREAKFAST CLUB</p> <p>PINT OF LEO'S, JAR & A CAR OR CAESAR & BREKKIE \$12.50 WITH SIDE POUTINE \$15.00</p> |
|---|--|--|---|--|



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