



# ROSEWOOD

## Rosewood Community Association Newsletter

2014 Spring (Vol. 1 No. 2)

### President's Message

Hello Rosewood,

It may not feel like it, but spring is just around the corner. Spring is an exciting time for our new neighborhood. For the past few months we have been looking at the nice white blanket of snow and wondering if it would ever end. Well I am officially calling it. Winter will end soon. With that we now get to start thinking about landscaping and driveways or even having to buy a new mower if you got new grass installed last fall. We have also been blessed with some windy days this winter and I know I found my share of shingles in my driveway. If you need repairs, make sure you take care of them promptly to prevent water damage from the spring showers and make sure you do it safely.

Another challenge we face is the amount of construction debris that gets blown around. I challenge everyone, even though it isn't their garbage, to pick up and dispose of this waste when you find it instead of just letting the wind distribute it to someone else's yard and while you are at it see how many new neighbors you can meet in the process. As a community association we are proud of Rosewood and want to keep it clean. We will have ongoing opportunities for residents to help us clean our wonderful park areas. Watch the website for upcoming dates.

Finally, we are working on offering programs of interest to our residents. Details can be found at [www.myrosewood.ca](http://www.myrosewood.ca). There are many great opportunities to learn something new and make some new friends. At this time we are not offering spring sports programs like soccer, flag football, softball, or baseball. For these activities you will have to register through the zone or at one of our neighbour communities like Briarwood or Lakeridge. In time as our population increases and facilities become available, we will be able to offer sports programming.

Thank you for making Rosewood your home. We look forward to continuing growing and dealing with the opportunities and challenges as they come up. Happy spring!!

Sincerely,  
*Kyle Krushelniski*  
President

### 2014 Annual General Meeting (AGM)

Residents are encouraged to attend to learn about the Rosewood Community Association. If you are interested in joining the board or volunteering in your community this is an opportunity to find out more information.

**Monday, April 7, 2014**

**Start time: 7:00 PM**

**Elim Church**

**419 Slimmon Road (Meeting Room 4)**

\* Please ensure you go through the front doors as the meeting room is located near this entrance.

### Board Meetings

The Rosewood Community Association Board members meet on a monthly basis, with the exception of July when no meeting is held.

Rosewood residents are welcome to observe board meetings. If interested in attending a meeting or would like more information email [info@myrosewood.ca](mailto:info@myrosewood.ca).

Tentative upcoming meeting details:

Monday, March 3, 2014 at 7:30 PM

Monday, April 7, 2014 at 7:00 PM (AGM)

Monday, May 5, 2014 at 7:30 PM

Please make sure to visit the RCA website, as dates, times and meeting locations are subject to change.

### Mailing List



Sign up for the Rosewood Community Association mailing list on our website to ensure you are notified of upcoming activities, events and special meetings in Rosewood.





## City of Saskatoon

### Open Houses

The City of Saskatoon will be holding three Open Houses for the concept plans of the following communities:

Holmwood Neighbourhood 1

Thursday, March 13, 2014, from 5:00 - 8:00 PM

McLure Church (Multi-Purpose Room)

Aspen Ridge and Evergreen

Tuesday, March 18, 2014, from 5:00 - 8:00 PM

Alice Turner Library (Auditorium)

#### Rosewood

Thursday, March 20, 2014, from 5:00 - 8:00 PM

Elim Church (Atrium)

For more information about the Rosewood Open House please visit [www.myrosewood.ca](http://www.myrosewood.ca), or the City of Saskatoon's website for information on all upcoming open houses.

### Sports Registration

The Rosewood Community currently does not have any sporting programs. In the interim here is some information about sporting programs currently available in neighbouring communities.

#### Baseball

Saskatoon Braves Baseball [www.saskatoonbraves.com](http://www.saskatoonbraves.com)

Registration is now open

#### Basketball

Saskatoon Minor Basketball Association [www.smba.ca](http://www.smba.ca)

Last day to register is March 4, 2014

#### Soccer

Lakewood Soccer Association [www.lakewoodsoccer.com](http://www.lakewoodsoccer.com)

Outdoor registration February 24 - 28, 2014

Indoor registration ends March 2, 2014

*\* Space may still be available. Contact any of these groups for more information.*

Check neighbouring communities for more programs. Your RCA membership is valid at other Community Associations.

Briarwood Community Association [www.briarwoodca.com](http://www.briarwoodca.com)

Lakeridge Community Association [www.lakeridgecommunity.ca](http://www.lakeridgecommunity.ca)

Lakeview Community Association [www.lakeviewca.com](http://www.lakeviewca.com)



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Clark Dziadyk

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## Upcoming Activities / Courses

Please visit the Rosewood Community Association website for further information on these and other programs.

### April 2014

#### Hunter Safety Course

**Date: Beginning early April 2014**

Once you have finished this course you will have taken the tests required for your hunter safety certificate and your Federal Possession and Acquisition License aka (PAL). This course is offered to anyone over the age of 11 years old.

#### Spring Garden Session

**Date: Tuesday, April 15, 2014**

Visit the RCA website for more details.

#### Boot Camp Fitness Program

**Date: Early Spring 2014**

Visit the RCA website for more details.

### May 2014

#### Babysitting Course

**Dates: Beginning early May 2014**

The Saskatchewan Safety Council's babysitting training course is designed to prepare young people for the important job of babysitting. This course includes information on what to do in an emergency, age appropriate toys and games, first aid and how to market your skills. This course is intended for kids ages 11+ and consists of six evening classes once a week.

#### Hyde Wetland Conservation Area Spring Cleanup

**Date: Saturday, May 31, 2014**

Come be a part of the 1st Annual Spring Cleanup of the Hyde Wetlands Conservation Area.

There will be a brief presentation on wetland functions and values for the Rosewood community conducted by a Professional Wetland Scientist prior to the cleanup.

The Hyde Wetlands Preserve is a 40+/- Acre Naturalized Wetland Area and Landscaped Park which is managed and maintained by the City of Saskatoon.

The primary wetland basin is located East of Boychuk Drive, South of Slimmon Road, West of Taylor Street East, and North of Rosewood Blvd. Approximate shoreline length is 1.7 - 2.0 km.

Visit the RCA website for more information and to register your participation in this free activity.

*\* The 2nd annual fall cleanup is also planned for September.*



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### June 2014

#### Red Cross Standard First Aid/CPR-C Course

**Date: Early June 2014**

Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. All include training in the use of an automated external defibrillator (AED). Courses offer training suitable for workplace or general interest. Includes the latest CPR guidelines. Upon successful completion of the course you will receive a 3-year certification in CPR Level C. This course consists of two consecutive full days.

#### Rosewood Community Activities, Courses, Events...

Is there something you would like to see offered by the Rosewood Community Association?

Are you an instructor or do you have services to offer the community?

If so, please email us as we would be happy to hear from you!





## Five benefits of cooking with kids

1. Cooking is an important life skill.
2. Reading recipes helps your child's literacy skills.
3. Measuring ingredients helps improve math skills.
4. Picky eaters are more likely to try food they help make.
5. Cooking is a great way to instill healthy habits that will last a lifetime.

## Ideas to inspire your little chef

- \* Borrow kid-friendly cookbooks from the library or search online for recipes.
- \* Have them check flyers for healthier foods on sale, help write the grocery list, check the fridge and cupboards, or put together a folder of favourite recipes.
- \* Cook with a friend for a fun play date.
- \* Explore different ways to prepare food. For example, carrots can be eaten raw, steamed, or roasted.

- \* Have a cooking party for kids. Let them plan the menu, write the grocery list, shop for food and cook the meal, with your help of course!
- \* Get creative with pizza night. Let everyone make their own mini pizzas by choosing colourful toppings like pineapple, red peppers, and broccoli.
- \* Make healthy snacks for family movie night. Flavour popcorn with oregano, cinnamon, or grated Parmesan.
- \* Let your kids invent a smoothie. Blend Greek yogurt or lower-fat milk with fresh or frozen fruit for a delicious and healthy treat.
- \* Feed your kids' curiosity by asking them to choose a new whole grain, such as brown rice, barley or quinoa to make together.
- \* Get your kids excited about trying fresh herbs. Grow parsley, basil, oregano and chives and use them in your meals.

Information from the Government of Canada's Healthy Canadians Food and Nutrition webpage.

For more information visit:

[www.healthycanadians.gc.ca/eating-nutrition/index-eng.php](http://www.healthycanadians.gc.ca/eating-nutrition/index-eng.php)

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## Pet Health Q & A's: This edition's focus is on Pets, Parasites, and People

**Q** – *What types of internal parasites can my pet get from the environment?*

**A** – Internal parasites live in the gastrointestinal tract of your pet and can include roundworms, hookworms and tapeworms.

**Q** – *How does my pet get infected with these parasites?*

**A** – Roundworm and hookworm eggs are ingested in the environment from fecal contamination. Tapeworms are transmitted through ingestion of a specific insect vector (ex: fleas). It is important to note that certain worms can be transmitted between species in your household as well (ex: cats to dogs and vice versa).

**Q** – *What are some of the lifestyle factors that put my pet at risk of infection with internal parasites?*

**A** – For dogs, risk factors include: acreage/farm dogs exposed to wildlife or carcasses, coprophagia (eating animal feces), multi-pet households, or those who frequent dog parks, doggie day care, and other public dog areas. For cats, risk factors include: outdoor cats that hunt small mammals, coprophagia, and multi-pet households.

**Q** – *How do I know if my pet is infected with parasites?*

**A** – Most often, there are NO signs associated with internal parasite infection. In severely affected animals symptoms can include: visualization of worms in the feces, weight loss, increased appetite or vomiting.

**Q** – *Can some of these parasites be transmitted from my cat or dog to people?*

**A** – Yes. Internal parasites such as roundworms are transmitted through environmental contamination with infected animal feces. The risk level of parasite transmission to humans depends on many factors including – degree of parasite burden in the pet, personal hygiene/hand washing, immune status, and age (children are more high risk).

**Q** – *What can I do to treat or prevent parasite infections in my pet?*

**A** – Routine preventative deworming is the best way to keep your pet healthy and to prevent transmission of parasites to people. A visit to your veterinarian and a discussion about your pet's risk level will determine treatment type and frequency. If you suspect your pet has internal parasites, a variety of products are available for treatment. Only a veterinarian can prescribe the appropriate treatment for your pet!

Information provided by the Woodridge Veterinary Clinic. Please contact their friendly staff or your local veterinarian for any questions or concerns about your pet's health!



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## Saskatoon Trivia... did you know?

This information is for Rosewood residents from the Saskatoon area and those who have come from other areas of Saskatchewan, Canada, and beyond!

Here are a few bits of trivia you may or may not know:

- The average last frost in Saskatoon is between May 29 and June 4. ([www.agriculture.gov.sk.ca/maps\\_section](http://www.agriculture.gov.sk.ca/maps_section))
- Saskatoon's historic Traffic Bridge is the site of the greatest nautical disaster in prairie history - the sinking of the S.S. City of Medicine Hat riverboat.
- The world's first effective cancer treatment with cobalt-60 radiation therapy occurred at the University of Saskatchewan in 1951.
- The oldest building in Saskatoon still on its original site is the Marr Residence on 11th Street East. This building served as a military hospital during the Northwest Resistance in 1885.
- The University of Saskatchewan campus is home to the Canadian Light Source - a national synchrotron radiation facility used for a wide range of scientific research. The campus also houses the Vaccine and Infectious Disease Organization (VIDO), a global leader in researching diseases that affect animal and human health.
- The University of Saskatchewan has thirteen colleges and annual enrolment of approximately 20,000. It is the only university in Canada to have all six life sciences colleges and a teaching hospital on the same campus.
- Saskatoon is home to world-renowned guitar builders Dingwall Designer Guitars and Fury Guitars.

For more Saskatoon trivia check out [www.tourismsaskatoon.com/media/story-ideas/triva/](http://www.tourismsaskatoon.com/media/story-ideas/triva/).



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# Register Now for the 2014 Green Cart Program!

**Convenient curbside pick-up of yard waste is available for \$55 for the season**

You asked, we listened! The City of Saskatoon's Green Cart program for leaves and grass composting has been expanded for 2014. All interested households can download a mail-in subscription form from [www.SaskatoonRecycles.ca](http://www.SaskatoonRecycles.ca) and mail it along with a cheque made payable to City of Saskatoon, or pay at City Hall. Registration and payment will also be made simpler by going online beginning March 1<sup>st</sup> on the [www.SaskatoonRecycles.ca](http://www.SaskatoonRecycles.ca) website.



The cost of the Green Cart program is \$55/household for the season (May to November), which includes bi-weekly pickup of your un-bagged leaves, grass clippings, and non-woody yard vegetation. Simply place your Green Cart at the curb by 7:00 AM on your collection day and return it to your yard after pick-up.

Although there is no deadline to register, please subscribe by April 1 to avoid missing the first collection.

The Green Cart program is a convenient and cost-effective way to dispose of your yard waste without sending it to the landfill. When organic waste, such as leaves and grass, ends up in the landfill, it uses up valuable air space and it produces methane gas when it decomposes, a greenhouse gas much more potent than carbon dioxide. Instead, the yard waste collected through the Green Cart program is brought to the compost depot at the junction of Highway 7 and 11<sup>th</sup> Street to be converted into valuable compost that is used in City of Saskatoon parks, community and school gardens, and sold to residents.

Questions? Please contact the City of Saskatoon by phone (306-975-2487), email ([leavesandgrass@saskatoon.ca](mailto:leavesandgrass@saskatoon.ca)), or by visiting [www.saskatoonrecycles.ca](http://www.saskatoonrecycles.ca).



**Earth Hour**

**Earth Hour**  
**Saturday, March 29**  
**8:30 - 9:30 PM**

Hundreds of millions of people around the world unite each year to support the largest grassroots environmental event in history – Earth Hour.

Earth Hour asks individuals, businesses and governments around the world to turn off their lights for one hour to support urgent action on climate change. For more information check out the [World Wildlife Federation](http://www.worldwildlife.org) website.

**Game night**- Grab some snacks, board games, deck of cards and cribbage board and play by candlelight.

**Go for a walk** - Take a walk around the neighbourhood with your family.

**Stargazing** - Spend some time looking at the stars and pointing out your favorite constellations to your kids.

**Go beyond the hour** - Keeping the lights off for an hour is great, but why not keep them off longer. Talk with your family about the things you can all do after Earth Hour is over to help the planet.



**Earth Day**  
**Tuesday, April 22**

This annual day is celebrated with events by more than 190 countries worldwide to demonstrate support for environmental protection.

Earth Day 2014 will seek to do just that through its global theme: Green Cities. With smart investments in sustainable technology, forward-thinking public policy, and an educated and active public, we can transform our cities and forge a sustainable future.

Check out the following websites for more information:

[Earth Day Network](http://www.earthdaynetwork.org) - Earth Day global coordinator

[Earth Day Canada](http://www.earthdaycanada.org) - For events in Canada for Earth Day as well as events that will be happening throughout the year.

Make sure to check out the Rosewood Community Association website, as information about events happening in Saskatoon will be posted as they become available.



## 2014 Board of Directors

|  |                   |
|--|-------------------|
| President:                               | Kyle Krushelniski |
| Secretary:                               | Carol Pehuda      |
| Treasurer:                               | Lindsay Wolter    |
| Adult Program Coordinator:               | Lynn Sproule      |
| Youth Program Coordinator:               | Erin Bentley      |
| Communications Coordinator:              | Claudine Hentze   |
| Website/Newsletter Coordinator:          | Claudine Hentze   |
| HSE Coordinator (Health, Safety & Env.): | Reed Hentze       |
| Social Coordinator:                      | Alan Haggart      |
| School Liaison:                          | Danielle Drisner  |
| Member at Large:                         | Aaron Johnson     |
| Member at Large:                         | Suzanne Anton     |
| Member at Large:                         | Zach Berglund     |

### Community Consultants:

Community Consultant (City of Saskatoon): Art Lord

Community Liaison Officer (Saskatoon Police Service):  
Constable Hal Lam (566)

## Interested in joining the Board or Volunteering your time or services for your community?



### Vacant Positions:

Civics Coordinator  
Membership Coordinator  
Parks Coordinator  
Team Sports Coordinator  
Vice President  
Volunteer Coordinator

There are a number of ways you can help support your community.

Maybe you can lend a hand at an upcoming event, deliver flyers/newsletters in the community or you would like to volunteer your services.

If you are interested in becoming a member of the board, volunteering your time or services, or you would just like to receive more information please email us.

Visit the Rosewood Community Association website and read the City of Saskatoon's [Community Association Volunteer Handbook](#) to see how what may interest you.

## RCA Membership

By joining the Rosewood Community Association you are helping to bring activities and events to our community!

Membership cost: \$ 15.00 (per family)

Please note that your membership is valid for one year (August 1 to July 31), to be renewed the beginning of August. Your RCA membership allows you to participate in programs provided by Rosewood and other community associations while we continue to grow.

Visit our website to register for your membership.

## Advertising

If you are interested in advertising with us, please note the current prices:

Business Card Size \$ 45  
Quarter Page Size \$ 75  
Half Page Size \$ 145

Rosewood newsletters are currently published quarterly:

March  
June  
September  
December

If you are interested in advertising in future newsletters please contact us by email to ensure space is available.

## Suggestions

Do you have suggestions for topics for future newsletters or the Rosewood Community Association website? If so, send us an email!

