

# ROSEWOOD

## Rosewood Community Association Newsletter

2017 Summer (Vol. 4 No. 2)

### President's Message

Hello Rosewood Residents!

Once again I want to extend my thanks to our board and volunteers. Without volunteer activities we cannot support community activities that residents ask for.

Thank you also to those who attended the Rosewood Community Association Annual General Meeting in April. Your participation is much appreciated!

We have a few new faces to the board and I would like to extend a large thank you to past, present and new board members who have committed to enhancing our community through their volunteer activities.

This spring your Rosewood Community Association board members have come to a consensus on a Mission, Vision and Values statements for the Rosewood Community that reflects our diversity of values and cultures in our community. Your Board is currently working on operational policy documents that will be critical as we anticipate a rapid expansion of programs and activities once we are able to use the promised space in the new joint school building.

Another thank you to all the volunteers that attended our Annual Spring Shoreline clean up at Hyde Park! Once again volunteers cleaned up refuse so that everyone can enjoy this naturalized area.

Wishing you all a safe summer and hoping to see many of you at the 4th annual Rosewood Family Fun Day in Hyde Park the end of August! Come enjoy a day in the park with your family and friends!

*Reed Hentze*  
President

### 2016/2017 Memberships Expire July 31



Renew or Buy your [membership](#) now!  
(valid from August 1 to July 31)

Cost: \$ 15.00 (per family) yearly  
Help bring activities & events to Rosewood!

### Current Board of Directors

President:	Reed Hentze
Vice President:	Matt Ries
Secretary:	Carol Pehuda
Treasurer:	Shannon Johnson
Communications/ Website & Newsletter:	Claudine Hentze
Youth Programs:	Erin Bentley
Membership:	Shannon Johnson
HSE (Health, Safety & Env.):	Reed Hentze
Park Coordinator:	Matt Ries
Rink Coordinator:	Shane Wutzke
Member at Large:	Kyle Patterson
Member at Large:	Rob McClinton
Member at Large:	Courtney Thompson

#### Rosewood Community Consultants:

City of Saskatoon Consultant:	Mark Planchot
Ward 9 Councillor:	Bev Dubois
SPS Community Liaison Officer:	Constable Imran Siraj

### Board Meetings

Rosewood residents are welcome to attend and observe monthly board meetings. Meeting dates are posted on our [website](#). If you are interested in attending, or you would like information about volunteering please [email](#) us!



## Rosewood Family Fun Day

**SATURDAY, AUGUST 26, 2017**  
**HYDE PARK**  
**8:00 AM - 3:00 PM**

*Pancake Breakfast, The Animal Barn Petting Zoo, Just Horsein' Around  
Pony Rides, BBQ (by cash donation), Inflatable Castle, and so much more!*

Stay tuned for more details by visiting our [website](#)  
or following us on [Twitter](#) or [Facebook](#)!

Interested in sponsoring our event?  
Visit our [event webpage](#) for event and sponsorship details

## Rosewood Community Garage Sale Saturday, August 26, 2017

Are you a Rosewood resident interested in taking part in this years community garage sale?

Visit our [website](#) and sign up by August 13, 2017 to have your address added to the Rosewood Community map that will be created and distributed through various media sources.



Sign up for our [mailing list](#), follow us on [Twitter](#) or [Facebook](#) for what's happening in Rosewood!

## Summer Activities/Events

Looking for **FREE** activities and events taking place in Saskatoon this summer? Here are a few that may interest you.

### SASKATOON ZOO

#### FORESTRY FARM WALKING TOURS

**JUNE 25, 2017, JULY 16, 2017 & AUGUST 27, 2017 1:30 - 3:30 PM**

The Friends of the Forestry Farm House are offering walking tours this summer. See tree/shrubs that were distributed from the Sutherland Forest Nursery Station for use in shelterbelts in the northern prairies. The Superintendent's Residence will be open for visits from 1:30 to 3:30 pm, walking tour starts at 2:00 pm. Learn from volunteers about the history of the house and park.

For more information call 306-652-9801 or visit [www.ffh.ca](http://www.ffh.ca).

### CANADA DAY CELEBRATIONS

**JULY 1, 2017**

Canada is celebrating it's 150th birthday! Saskatoon and many other city's, towns and villages are holding celebrations.

Visit [tourismsaskatchewan.com](http://tourismsaskatchewan.com) for more information.

### THEATRE IN THE PARK

**JULY 3 - 28, 2017, EVENING SHOWS 7:00 PM; SUNDAY MATINEES 2:00 PM**

Theatre in the Park is Saskatchewan's live professional outdoor theatre free to the public and is suitable for all ages.

"The Woodcutter and the Lion" will be performed at numerous parks around Saskatoon. Stop by an hour early and you can create a free craft with the Children's Discovery Museum.

Visit [sumtheatre.com/theatre-in-the-park](http://sumtheatre.com/theatre-in-the-park) for this years event details.

### FREE OUTDOOR FITNESS CLASSES

**JUNE THROUGH AUGUST 2017**

The City of Saskatoon and *in motion* are working with local fitness providers to offer free outdoor fitness classes this summer in Kiwanis Park North from 12:05 PM - 12:50 PM, June through August.

- \* Pilates Core Fusion
- \* Learn To Move
- \* Inclusive Boot Camp
- \* Physique
- \* Gentle Flow Outdoor Yoga
- \* Urban Poling

Visit [www.in-motion.ca](http://www.in-motion.ca) for more information and where to register.

### FREE OUTDOOR FITNESS CIRCUIT

Located at the west end of River Landing beside Victoria Park there are a variety of circuit equipment for cardio, muscle and strength, balance, coordination, and flexibility.

Try the rowing machines, cardio walker, elliptical machines, leg presses, chest presses, lat pull downs, pull up & dip station, multi-bars, agility track, and pylo boxes. Instruction plaques are located on each machine showing how to use it.



Accepting Registrations for the 2017-2018 school year.

Rosewood Co-operative Preschool  
In Wildwood Elementary School  
203 Rosedale Road Saskatoon, SK S7H 5H1  
(306)850-3038  
[rosewoodpreschool@gmail.com](mailto:rosewoodpreschool@gmail.com)  
[www.rosewoodpreschool.webs.com](http://www.rosewoodpreschool.webs.com)

## Outdoor Summer Fun

### Free Summer Play Programs

Play Program Leaders plan and supervise activities for children ages 2 - 12 years, while the adjoining Paddling Pools and Spray Pads offer kid-sized opportunities to cool off and beat the heat. Drop in for waterplay, sports, crafts, games, music and much more!



**PROGRAM DATES: JULY 3, 2017 - AUGUST 25, 2017**

#### WEEKDAY HOURS / NEAREST LOCATIONS TO ROSEWOOD

Monday - Thursday 10:30 AM - 6:00 PM / Friday 12:00 PM - 4:30 PM

Lakeridge Spray Pad (Lakeridge School)

Briarwood Spray Pad (Briarwood Park)

Lakeview Paddling Pool (St. Bernard School)

#### WEEKDAY HOURS / NEAREST LOCATION TO ROSEWOOD

Saturday & Sunday 12:00 PM - 5:00 PM

College Park Paddling Pool (Dr. Herzberg Park)

### Free Summer Skateboard Program

Practice your boarding or learn new tricks from skilled skateboard leaders. Bring your deck or use equipment available onsite. Skateboard leaders travel to various sites to provide instruction for anyone from beginner to intermediate skateboarders.



**PROGRAM DATES: JULY 3, 2017 - AUGUST 20, 2017**

#### HOURS / NEAREST LOCATION TO ROSEWOOD

Monday - Thursday 11:30 AM - 7:00 PM / Friday 1:30 PM - 5:30 PM

Lakewood Park Skate Pad (Beside Lakewood Civic Centre)

### Free Drop-in Summer Youth Centre Program

Looking for something 12 - 16 years olds can do this summer? Drop-in to a youth centre and play sports, games, music or just hang with your friends. Program leaders and participants work together to plan daily activities that are interesting to local youth.



**PROGRAM DATES: JULY 3, 2017 - AUGUST 18, 2017**

#### HOURS / NEAREST LOCATIONS TO ROSEWOOD

##### YOUTH CENTRE

Monday - Thursday 11:30 AM - 7:00 PM / Friday 1:30 PM - 5:30 PM

Pope John Paul II School

##### SPORTS ONLY YOUTH CENTRE

Monday - Thursday 1:30 PM - 9:00 PM / Friday 1:30 PM - 5:30 PM

Lakewood Civic Centre

##### SPORTS ONLY YOUTH CENTRE (BASKETBALL)

Tuesday 1:30 PM - 5:30 PM

Briarwood Outdoor Court (Beside Briarwood Spay Pad)

##### ART CENTRE

Monday - Thursday 10:30 AM - 6:00 PM / Friday 1:30 PM - 5:30 PM

Albert Community Centre

\* Refer to the City of Saskatoon [interactive map](#) for more information, other locations, updates to dates and hours of operation for the Programs.

We have attempted to obtain current/accurate information.

Please visit the City's [website](#) for up to date information.



# Programs

The Rosewood Community Association has no planned programs this summer. We are excited for our new Community Space and the completion of the Schools, as this will allow us to provide more programs in Rosewood starting this fall! Visit the Rosewood Community Association [website](#) for program updates and don't forget you can sign up for our [mailing list](#), follow us on [Twitter](#) and [Facebook](#)!

## Fall Programs/Activities

Programs currently being organized for the fall:

- \* **Babysitting Course (Ages 11+)**
- \* **Little Artists (Ages 5-8)**
- \* **Yoga (Ages 16+)**
- \* **HITT (High Intensity Interval Training) (Ages 16+)**
- \* **Girls on the Move (Ages 10-13)**
- \* **Boys on the Move (Ages 10-13)**
- \* **Basketball (Ages TBA)**
- \* **Red Cross Standard First Aid/CPR (Ages 16+)**
- \* **Hyde Wetland Naturalized Park Fall Cleanup (All Ages)**

Visit the Rosewood Community Association [website](#) for program updates and let us know what programs you are interested in. Don't forget to sign up for our [mailing list](#), follow us on [Twitter](#) or [Facebook](#)!

**Don't forget to renew or purchase your membership!**

**2016/2017 Memberships Expire July 31**

A membership is required for programs offered by Community Associations in Saskatoon. Your Rosewood Community Association membership is accepted by all Community Associations in Saskatoon.

**Membership cost: \$ 15.00 (per family) yearly**

Help us bring activities and events to our community!

**Register or renew your [membership](#) now!**

(valid from August 1 to July 31)



## Interested in Volunteering?

Are you passionate about sports? If so [email us](#)! We are looking for volunteers to join our team in helping bring sports to Rosewood.

The *City of Saskatoon Leisure Guide* is a source for a variety of arts, culture, & recreational activities and is delivered to residents by the City. Visit the City of Saskatoon [website](#) for more information.

**Summer Mini Guide 2017:** Available Online: Wed. May 31 / Delivery: Fri. Jun. 2 (with Bridges) / Programs Run: Jun. 1 - Aug. 31

**Fall Guide 2017:** Available Online: Mon. Aug. 7 / Delivery: Wed. Aug. 9 / Registration Starts: Sun. Aug. 13 / Programs Run: Sep. 1 - Dec. 31

- Fuel up the car
- Go for a drive
- Become one with nature
- Contact Affinity Insurance



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Lakewood Branch Saskatoon | Unit H, 411 Herold Court | 306.242.8822

**Affinity Insurance**  
affinity.ca

# Street Sweeping

**Why is my street so dirty?** A big part of why the roads in Rosewood are often covered with dirt and debris is due to ongoing construction in our neighbourhood which will continue for a few more years.

Since Rosewood is a community under development it does not fall under the City's regular citywide neighbourhood street sweeping schedule. Last year the City of Saskatoon created a map of Rosewood showing the responsibility for roads/street sweeping in our area.



Dates for the City owned sections shown in blue have not been finalized. They have advised that street sweeping is estimated to take place the end of **June** or **early July 2017** between the hours of **7:00 AM and 7:00 PM**.

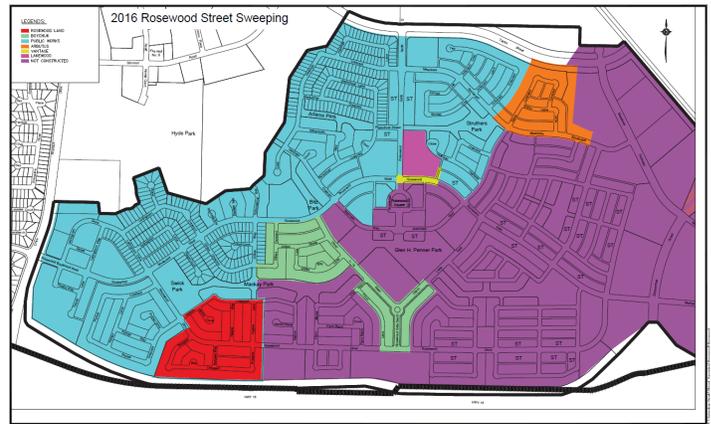
Please note that once sweeping dates are set they may still change due to rain. Delays in the residential schedule may occur as developing areas have more debris and may take longer to complete.

36 hours before scheduled sweeping, bright yellow 'No Parking' sandwich boards will be placed along roads to be swept.

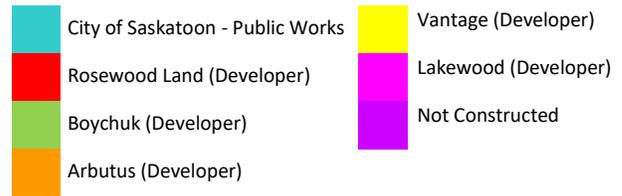
Since the remaining sections in Rosewood are still the responsibility of the developers, they are not included in the above street sweeping schedule. The map shows who is responsible for which sections in Rosewood. Contact the Developer for more details about these areas.

Developers need to obtain a Final Acceptance Certificate (FAC) which is awarded 2 years after the work section has been deemed substantially complete by the City in order to fall under civic responsibility.

Once handed over to the City the Public Works Division regular road maintenance activities will begin to the current level of service.



Rosewood Road Responsibility by Sections



For more information and to stay up to date on Street Sweeping and the City's Street Sweeping Program

Visit the City of Saskatoon's [website](#)

Check out the [Street Sweeping Interactive Map](#)

Sign up for [Street Sweeping Service Alerts](#)

Contact the 24-hour Customer Service Centre at (306) 975-2476

or by Email [public.works@saskatoon.ca](mailto:public.works@saskatoon.ca)

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LIVES**

**Find our yellow bin at the Independent Grocers on Herold Road!**

**OR CONTACT US FOR A PICK-UP AT  
1-877-477-2171  
THEYELLOWBIN.COM**

*All donations directly support individuals with intellectual disabilities in Saskatchewan.*



# Dogs and Off-Leash Dog Parks

## HOW TO PROMOTE A SAFE AND FUN ENVIRONMENT

Off-leash dog parks are a great way to exercise your dog. They can be used for dogs to socialize and play in a fun environment. But the fun can get cut short by an incident between one or more dogs (and their humans). Even the most well-behaved, trained, and socialized dogs can get into a conflict if the circumstances are right.

The most important skill your dog should have prior to going to an off-leash park is good recall. This skill is usually part of basic obedience and puppy classes. This is an important skill for your dog to have if they get into a dangerous situation, but also if he or she is approaching a more timid dog that needs space.



### SOME IDEAS ON HOW TO AVOID CONFLICT AT OFF-LEASH PARKS AND SOME HEALTH TIPS TO KEEP YOUR DOG SAFE:

- \* If your dog is still learning proper recall and socialization, consider going to the park with the leash on the first few times. Once you see how they interact with other dogs and recall improves, then try without a leash.
- \* Try not to let your dog steal other dogs' toys. Also, if your dog loves to fetch but doesn't like to share his toy, try to do this in an area of the park where there aren't other dogs. Avoid throwing a toy at the moment another dog is approaching.
- \* Avoid standing around and forming large groups at the entrances to the park. Many dogs become overwhelmed when 10 dogs run up to them at once.
- \* If you notice your dog playing too roughly with another dog, especially

the smaller ones, please guide them to another area of the park and find dogs of equal size for play. Big dogs don't always know how strong they can be!

- \* Know your dog. If he or she is overly anxious, fearful or showing signs of aggression, consider sticking to on-leash areas with controlled interactions until your dog becomes more comfortable around others. It is important to remember that not every dog will be a right fit for the off-leash park and you are being a responsible pet owner by not taking them. Other activities you could enjoy with your dog instead include agility, flyball, barn-hunt, obedience trials, shutzhund, etc.
- \* If you find yourself and your dog in an unsafe or uncomfortable situation – Keep Your Cool. Yelling and screaming at your dog or other people around you is not going to help. Try to diffuse the situation by getting your dog's attention and removing them from the situation.
- \* One of **THE** most important things at the off-leash park is to **PAY ATTENTION** and **NEVER** leave your dog unattended. Be aware of where your dog is at all times and stay close. Great recall doesn't work if your dog can't hear you.
- \* Sudden Increases in temperature in the spring can lead to heat stroke. It takes your dog's body time to adjust to increases in temperature. Know the signs of heat stroke (heavy panting/breathing, sudden collapse, lethargy, shaking) and keep your dog well-hydrated. Give them breaks from high bursts of activity and allow them time to cool off in the shade.
- \* Lastly, please clean up your doggie's doo! No one likes to step on a big poo when walking around the park, and feces transmit disease and parasites.

So, with basic recall mastered and a good reward or distraction in hand (food or toy), now you can head to the park. Bring plenty of water for you and your dog and always pay attention. Have fun!

*Information provided by the Woodridge Veterinary Clinic. Please contact their friendly staff or your local veterinarian for more information on how you can keep your pet healthy!*

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## WHAT'S YOUR BROW PROBLEM?

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THICK	NO
OUT OF SHAPE	NO
BAD OLD TATTOO	NO
OVERPLUCKED	NO
BARELY THERE	YES!

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# Rosewood Updates

## Rosewood Elementary Schools

Only three months until the schools open in September 2017! An Open House is scheduled between 10:00 AM - 12:00 PM during Rosewood's Family Fun Day on Saturday, August 26, 2017.

Junior playground structures will be installed prior to the 2017/2018 school year. Fundraising for senior playground structures has been ongoing. It has not been confirmed if they will be completed at that time as well. For more info or to get involved contact the schools.

### Colette Bourgonje School (Public)

School Email: [ColetteBourgonjeSchool@spsd.sk.ca](mailto:ColetteBourgonjeSchool@spsd.sk.ca)

School Website: [www.spsd.sk.ca/school/colettebourgonje](http://www.spsd.sk.ca/school/colettebourgonje)

### St. Thérèse of Lisieux Catholic School

School Email: [St.Therese@gscs.ca](mailto:St.Therese@gscs.ca)

School Website: [www.gscs.ca/studentsandfamilies/schools/the](http://www.gscs.ca/studentsandfamilies/schools/the)

## Road Construction

### Boychuk Drive / Highway 16 Interchange

Work is underway and we can expect delays until completion, currently set for July 31, 2019. Please make sure to slow to 60km speed limit in the construction zone and watch for workers and drive safely.



Detours and road closures are to be expected during this project and Rosewood residents will be kept up to date with notifications via the City's [Road Restrictions and Construction Projects Map](#).

The interchange design includes pedestrian and cyclist pathways and there are plans for sound attenuation walls to minimize traffic noise however details have not been confirmed. More details to follow.

### Rosewood Boulevard East / Zimmerman Road

The residential area of Rosewood is currently not connected to the Meadows Market commercial area. It is anticipated that work will continue on this road this year. More details to follow.

## Parks

The City of Saskatoon posted three tenders on SaskTenders recently for park construction in Rosewood.

### Glen H. Penner Park

The neighbourhood park landscape construction of Glen H. Penner is scheduled to begin in June 2017 and completed by August 17, 2017.

The conception, detailed design and installation of playground equipment is also scheduled to be completed by August 17, 2017.

Design components of the park include; softball and soccer field, toboggan hill, play area, water feature and future rink area.

### Mackay Park

Landscape construction of Mackay Park is set to beginning this spring and is scheduled to be completed October 31, 2017.

### Struthers Park

A detailed draft concept plan of Struthers Park is currently being prepared and is anticipated to be placed on SaskTenders in June 2017 with work beginning this summer.

### Hyde Park Maintenance Yard

They have broken ground and construction is set to begin on the new satellite maintenance facility located along Slimmon. This facility will improve customer service, coordination of park maintenance, and storage for equipment necessary for maintenance services to new parks including those in Rosewood.

More details regarding park construction as we progress. Visit our [website](#) for more details.



Rosewood Elementary Schools Construction

[View Live Construction!](#)

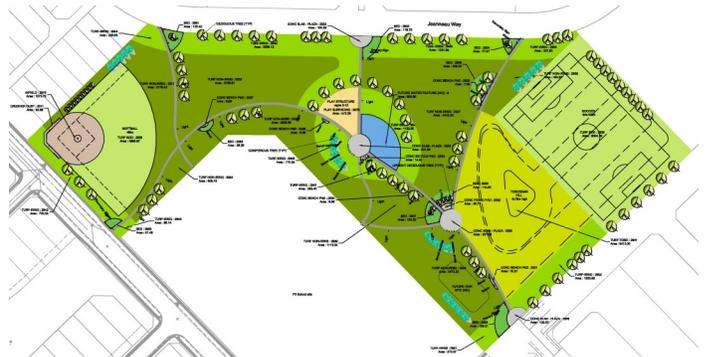
24/7 webcam launched by the Government of Saskatchewan, in partnership with Joint Use Mutual Partnership



Boychuk Drive / Highway 16 Interchange Project

[View Live Construction!](#)

24/7 PCL Construction HD site camera



Glen H. Penner Park Draft Concept Plan



Mackay Park Draft Concept Plan



Struthers Park Draft Concept Plan

Visit the RCA [website](#), [Twitter](#) or [Facebook](#) for what's happening!

# Rosewood Updates

## Commercial Construction

### Rosewood Boulevard West

Construction continues on the two commercial areas near the Boychuk Drive entrance. Tim Horton's is set to open the 1st week of June 2017. Leopold's Tavern, Anytime Fitness and the 7-11 Store are confirmed on the south side and are set to open sometime in August/September 2017. No other businesses have been confirmed at this time.

### The Rosewood Meadows Market

Ground servicing for the next phase of this commercial area located on the east side of Rosewood is set to begin anytime now. This phase will include a retail mix of "soft-good" stores (clothing, home furnishings, services & restaurants) and is currently set to begin opening in 2017. These are tentative dates are subject to change.

Visit the RCA [website](#), [Twitter](#) or [Facebook](#) for what's happening!



Rosewood Boulevard  
Commercial Development



Meadows Market  
Next Phase of the  
Concept Site Plan

## Kevin Waugh

Member of Parliament  
Saskatoon-Grasswood



Your Strong Voice in Ottawa

My office is here to assist you with issues related to the Federal Government. Don't hesitate to contact us, we're here to help.



306-975-6472  
kevin.waugh@parl.gc.ca

Kevin Waugh, MP  
@KevinWaugh\_CPC  
Kevin Waugh  
www.kevinwaugh.ca



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P:306.230.0400 /jguenther@sasktel.net

#5 - 315 Ledingham Drive, Saskatoon (Rosewood neighborhood)

# Willows DENTAL

willowsdental.ca

**New and emergency patients welcome.**

#60-304 Stonebridge Blvd, **Saskatoon**

- Dr. Norm Vankoughnett
- Dr. Kristopher Milne
- Dr. Abdullah Patel
- Dr. Christine Miller
- Dr. Ibrahim Muradi

Monday-Thursday 7am-7pm  
Friday 7am-1pm  
Saturday 7am-1pm



Stonebridge Location  
**306-244-2266**

# Word Search... Soak in Summer Days!

Find these words to discover the hidden message below

D M O R E E N E G H B P N N R D M  
 R E U J E A L N U A I O L E O R O  
 A D T G E W I T C C L K L A O I S  
 Y I D C G N O K S E E K I T Y B Q  
 K S O Y E Y P L M A N B S N A G U  
 C E O D S A Y R F I C R R R G N I  
 A K R U C Z E L R N E D E A B I T  
 B A S K E T M P F D U F N E B M O  
 G L I E A M S F N R O S R A E M S  
 R N R W N I G U I O E R G H S U B  
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 T S U N G L A S S E S F H U E S E  
 C A N A D A D A Y T O A L R B F B  
 F L I P F L O P S C I N C I P R A  
 L I F E G U A R D O I T A P E U L  
 L I G H T N I N G S B E A C H S L

- BACKPACKING
- BACKYARD
- BARBECUE
- BAREFOOT
- BASEBALL
- BEACH
- BERRIES
- BREEZY
- BUTTERFLY
- CANADA DAY
- CANOEING
- FIREFLIES
- FLIP-FLOPS
- GARDENING
- HIKING
- HUMMINGBIRD
- LAKESIDE
- LIFEGUARD
- LIGHTNING
- MOSQUITOS
- MUGGY
- OCEAN
- OUTDOORS
- PATIO
- PICNIC
- PLAY
- SANDCASTLE
- SIGHTSEEING
- SPRINKLER
- SUNFLOWER
- SUNGLASSES
- SURF
- THUNDERSTORM
- TRAVEL
- WATERMELON



## You Can Be Ready to Retire or Not. Ready Is Better.

It's simple, really. How well you retire depends on how well you plan today. Because the more time you give yourself, the better off you can be.

At Edward Jones, preparing for retirement means taking a long-term perspective. We recommend buying quality investments and holding them. It may not sound exciting, but wait until you retire.

It's never too late to sit down with your Edward Jones advisor to help ensure you are still on schedule to meet your retirement goals.



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 Financial Advisor  
 3521-8th Street, Unit 105  
 Saskatoon, SK S7H 0W5  
 306-224-0532



**Todd Yuzdepski, CFP®, CIM, FCSI®**  
 Financial Advisor  
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# Interesting Facts

## CANADA CELEBRATES ITS "SESQUICENTENNIAL" 150 YEARS!

From 1864 to 1867, representatives of Nova Scotia, New Brunswick and the Province of Canada (Upper and Lower Canada), with British support, worked together to establish a new country. These men are known as the Fathers of Confederation. They created two levels of government: federal and provincial.

The old Province of Canada was split into two new provinces: Ontario and Quebec, which, together with New Brunswick and Nova Scotia, formed the new country called the Dominion of Canada. Each province would elect its own legislature and have control of such areas as education and health.

The British Parliament passed the *British North America Act* in 1867. The Dominion of Canada was officially born on July 1, 1867. Until 1982 July 1 was celebrated as "Dominion Day" to commemorate the day that Canada became a self-governing Dominion. Today it is officially known as Canada Day.

### EXPANSION INTO THE DOMINION OF CANADA:

1870 - Manitoba, Northwest Territories (NWT)	1871 - British Columbia
1873 - Prince Edward Island	1880 - Transfer of Arctic Islands (to NWT)
1898 - Yukon Territory	1905 - Alberta, Saskatchewan
1949 - Newfoundland and Labrador	1999 - Nunavut

### WHAT'S IN A NAME?

Ever wondered if there is meaning to the names chosen for streets in Rosewood? Well there is.

**PRITCHARD CRESCENT, LANE & TERRACE:** John Pritchard - A Métis gentleman who helped save the lives of Theresa Delaney and Theresa Gowanlock, who personally called him a Hero in the book "Two Months in the Camp of Big Bear". John Pritchard's heroics were also

noted in the book "Blood Red".

**ROCHELLE BAY:** Rocky Rochelle GM Prairieland Exhibition Park - 1984; Very active in sports; served on many boards.

**ROSEWOOD DRIVE, BOULEVARD, GATE, SQUARE:** Named for the Rosewood neighbourhood.

**SCHUMACHER BAY, CRESCENT:** Philip Schumacher once owned the King Edward Hotel, farmer (wife: Pauline Fredy) died 1956.

**SINCLAIR CRESCENT:** Charles D. Sinclair: McMillan, Needham & Sinclair, Member of Imperial Lodge No. 60 Af & AM, the Saskatoon Chapter No. 4 GRS Royal Arch Masons, the Saskatoon Preceptory & Priory No. 55, the Wa Wa Shrine Temple & Saskatoon Shrine Club, Kiwanis Club & Knox U.

**STILLING LANE:** Stilling Family - Laurie, Arnold, Niel and Lauritz served in the Air Forces or Army. Bud Stilling has been a board member for Persephone Theatre, Gateway Theatre, and the Tamarack Foundation. He conducted drama workshops for inmates at the Prince Albert Penitentiary and has been campaign chairman for the United Way. Rick Stilling served for more than 40 years with Red Cross Water Safety and the Royal Life Saving Society. Rick has been a recipient of the Queen Elizabeth II Golden Jubilee Medal.

**TWEED LANE:** Shannon Tweed. Tourism Saskatoon requested a roadway in the Rosewood neighbourhood be named Tweed. Canadian born Shannon Tweed was raised in Newfoundland. Graduated from Mount Royal Collegiate in Saskatoon. She is a Television Actress and Charitable Fundraiser.

**WERSCHNER WAY, COURT, LANE, STREET:** Homesteaders, Farmed land now known as Corman Park; rented land from City of Saskatoon; retired in Saskatoon.

*Your street not listed? Check out the Spring 2017 newsletter.*

*Information provided by the City of Saskatoon*

### NEW EXPANDED LOCATION

#5 - 3401 8TH STREET EAST | 306.665.4747 OR 306.665.4757  
WWW.SPICYTIME.CA



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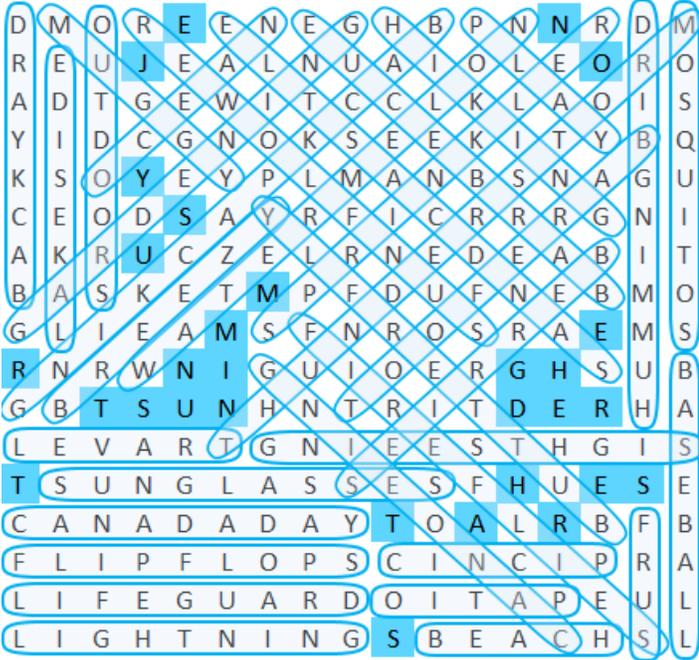
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# Word Search Answers



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# Healthy Summertime Snacks

Are you looking for some snacks to take with you on road trips, hikes, walks or just out in the back yard this summer?

Here are some healthy snacks to consider:



- \* Fresh fruit or individually packed containers of cut-up fruit
- \* Raw vegetables including carrots, peppers, zucchini, cherry or grape tomatoes
- \* Baby carrots and whole wheat pita triangles with hummus



- \* Pumpernickel bagel with peanut butter and banana
- \* Fresh, frozen or canned fruit with low fat yogurt or in a smoothie
- \* Sweet red, yellow or green peppers and bread sticks with salad dressing or low fat dip



- \* Whole wheat tortilla wrap made with salmon or tuna and salad dressing, onions, celery and green peppers
- \* English muffin with melted cheese and apple slices
- \* Dry mixed cereal and a container of milk.... or just the cereal



- \* Dark green leafy salad with orange sections and almonds
- \* Nuts, pumpkin or sunflower seeds
- \* Plain popcorn
- \* Popsicles made with 100% fruit juice or yogurt
- \* Water, milk, fortified soy beverage or 100% fruit juice

## WATERMELON BLUEBERRY YOGURT POPS



Stay cool and refreshed this summer with these easy-to-make, creamy yogurt pops. The hardest part is waiting for them to freeze!

- \* 500 mL (2 cups) 0% fat plain Greek yogurt
- \* 375 mL (1 1/2 cups) chopped seedless watermelon
- \* 250 mL (1 cup) fresh blueberries
- \* 75 mL (1/3 cup) liquid honey

Prep Time: 5 minutes / Makes 8 pops.

Place the yogurt, watermelon, blueberries and honey into a blender and puree until smooth. (For a chunkier texture, pulse the mixture until desired texture.)

Fill eight 125 mL (4 oz) popsicle molds or paper cups with yogurt mixture. If using paper cups, cover top with foil and poke a wooden craft stick through the centre of each pop.

Place molds on a flat surface in the freezer for at least 6 hours or up to 2 weeks.

### Tips:

- \* Little chefs can help pour the yogurt mixture into the molds or paper cups.
- \* The pops are hydrating and also packed with protein thanks to the Greek yogurt.
- \* Discover your favourite yogurt pop combo.
- \* Try these fruits: strawberries, raspberries, cantaloupe, honeydew melon, peaches or nectarines.

Recipe developed by Emily Richards, P.H. Ec. for Health Canada and the Heart and Stroke Foundation. Source: Government of Canada's Healthy Canadians Food and Nutrition [webpage](#).

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If you are interested in advertising in future newsletters please contact us by [email](#) or visit our [website](#) and complete an advertising request form to ensure space is available.

Current prices:

Business Card Size	\$ 45	Half Page Size	\$ 145
Quarter Page Size	\$ 75	Full Page Size	\$ 500

Rosewood newsletters are currently published quarterly:

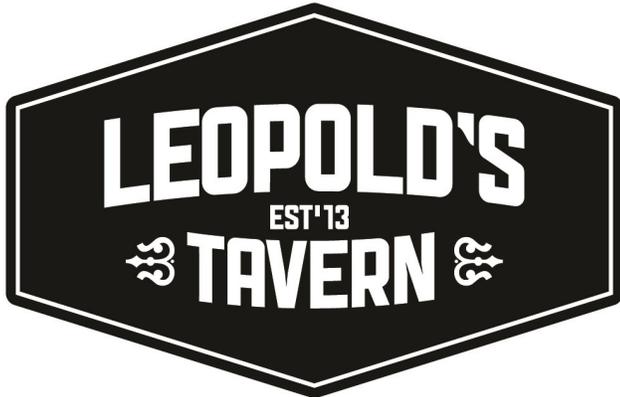
March (Spring)	June (Summer)
September (Fall)	December (Winter)

Ads are due the 1<sup>st</sup> of the month prior to publication

## Rosewood Map (Revised Rosewood Concept Plan subject to change)



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